

Panda Press

The Children's Hospital at Saint Francis



May 2018

News and Events



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The Children's Hospital at Saint Francis Vision Statement

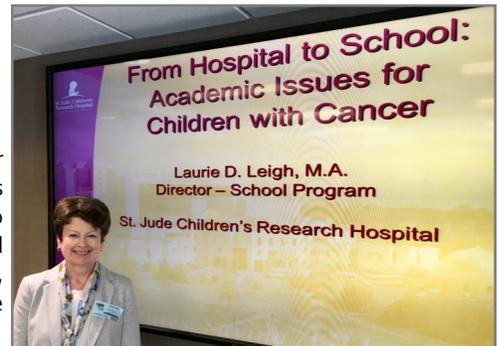
Consistent with the mission and values of the Saint Francis Health System, The Children's Hospital at Saint Francis will be the recognized leader for children's health in the region, in a patient-centered, family-focused environment.

STEP Into School Event

The first annual STEP Into School event was held recently to inform and educate teachers, administrators, counselors, and parents of patients with oncology diagnoses of a new program. STEP, which stands for School Transition Education Program, was developed by child life specialists, a psychologist, an oncologist, a social worker, and parents of former oncology patients to provide a comprehensive plan for transitioning oncology patients back to school smoothly and with the appropriate support and resources to make their transition and time in school successful. The event, sponsored by Gold4Kids Cancer Foundation of Tulsa, took place at Saint Francis.

Approximately 40 teachers, administrators, and parents attended the event representing over five Tulsa area school districts. Laurie Leigh, MA, Director - School Program for St. Jude Children's Research Hospital, spoke on the importance of maintaining school services throughout the oncology treatment to provide something normal for children during the unfamiliar oncology treatment process.

Other speakers included Bixby first grade teacher Shelly Musser who spoke about her experiences helping two of her first grade students return to school after cancer diagnoses; and Andrew and Amy Isaac, a leukemia survivor and his mother, who spoke on the student and parent perspective of going back to school.



The children's hospital hopes to make this an annual event for teachers to provide information and support to help their students transition after a diagnosis.

Excellence in Healthcare Conference 2018

"Refresh, Refocus and Recharge" was the theme of this year's Professional Research Consultants (PRC) annual conference. PRC is the company that Saint Francis Health System Hospitals partner with to perform our Patient Experience and CAHPS surveys.



Saint Francis Hospital staff attended the Excellence in Healthcare awards banquet to receive awards based on our 2017 patient experience survey scores. Kindra Thomas, from the neonatal intensive care unit, attended the conference representing The Children's Hospital at Saint Francis.

The Children's Hospital received one 5-Star award at the conference. The 5 Star Award for Overall Hospital Care is presented to those hospitals in PRC's national client database whose scores on the Child HCAHPS survey are in the top 10% of the country. Scores are based on interview results from discharges/visits from the hospital in 2017.

- The Children's Hospital at Saint Francis, Henry Zarrow Neonatal Intensive Care Unit for inpatient NICU services

In addition, Children's Level 1 (PICU) received a top performer award for inpatient services.

It's Not too Late to Register for Camp STRONG 2018

Families can still register for Camp STRONG, the Saint Francis Health System-sponsored overnight camp for cardiac and oncology patients, ages 6-18. Camp will take place at Shepherd's Fold Ranch in Avant, Oklahoma on June 4-8, 2018. This year's theme is *Camp Strong Sails the Seven Seas*, so pirates will factor into the activities.



This camp is an excellent way for young people with heart conditions or those who have had or are currently being treated for cancer, to enjoy the benefits of a fun and structured

camp environment. Campers enjoy swimming, games, crafts time, great food and lots of fun.

The camp is staffed with trained camp counselors along with medical staff from the Children's Hospital. Nurses are onsite 24/7 and doctors are always on call.

If you know of any children who would benefit from this type of camp experience, you can contact angie@jamathis.com for additional information at angie@jamathis.com or 918-298-7055. Online registration is available at

<http://campstrong2018camper.eventbrite.com>

OU Pediatric Grand Rounds

Grand Rounds are held at the OU Schusterman Learning Center located at 41st and Yale in room 145. **Rounds will also be teleconferenced from the Saint Francis Tower B conference room.**

- **June 12, 2018;** Dr. Ami Bax; OUHSC-OKC; *Development.*
- **June 27, 2018;** Dr. Keith Mather; OU Pediatrics-Tulsa; *Learner Evaluation.*

CME will be available.

SFH Upcoming Events

- **Pediatric Advanced Life Support (PALS) Renewal;** June 12; 0800-1700; Saint Francis Education Center.
- **Pediatric Advanced Life Support (PALS) Provider Day 1;** June 27; 0800-1700; Saint Francis Education Center.
- **Pediatric Advanced Life Support (PALS)**

Provider Day 2; June 28; 0800-1700; Saint Francis Education Center.

Contact the Saint Francis Education Department at 918-494-1190 to register for any of these classes or to get additional information.

Children's Miracle Network Hospitals (CMNH) Update

Current CMNH Campaigns

As a member of the Children's Miracle Network Hospital (CMNH) Program, all campaign proceeds support The Children's Hospital at Saint Francis in a variety of ways.



Costco Campaign · May 1 - 31: May means miracle balloons at Costco! Swing by Costco throughout the month and be a part of their miracle campaign, all aimed to help change the lives of local sick and injured kids.

Take 5 · Miracle Balloon Campaign · May - June 30: Visit a Take 5 and enjoy not only an oil change but also an opportunity to help kids at The Children's Hospital at Saint Francis. Visit one of the four Tulsa-area locations to make a donation.

Children's Hospital Remembrance Ceremony

On Saturday, April 21, the sixth annual Children's Hospital Remembrance Service was held. The Children's Hospital Bereavement Committee, a multidisciplinary team consisting of child life specialists, social work, chaplain services, nursing, and doctors collaborated together to create a meaningful service to honor the children remembered during this ceremony.

Any family whose child was served by our hospital and died in the past year or before was invited to the ceremony. Fifteen families responded with approximately 100 family members and staff in attendance at the ceremony. Drs. Angela Tyson and Ama Karikari representing both OU and OSU school residency programs spoke and Jeff Rogers a local worship leader from Redeemer Church sang. Also included were special readings, a remembrance candle-lighting, a slideshow of photos to honor each child, and a time of family sharing. Each family received a journal, butterfly pendant, seed pod with poem, and a candle with their child's name on it. Following the ceremony, there was a reception for families and staff to share memories and solace. As in previous years, the families expressed their appreciation that their child and family are honored in such a special ceremony.

The sacred moment of a child passing gives responsibility to those of us who have cared for them to remember that our lives are forever entwined by those moments and sharing in the memory of these children is not only a responsibility, but a privilege given to us. This Remembrance Service is an annual event and by serving these families beyond their loss, we continue to fulfill the Saint Francis mission entrusted to us as caregivers of children and families.

Baylor College of Medicine's 19th Annual Chronic Illness and Disability Conference: Transition from Pediatric to Adult-Based Care

Live-streamed on October 25 and 26 from the Saint Francis Education Center

The Children's Hospital at Saint Francis invites you to attend a live-stream web conferencing event of the Baylor College of Medicine's 19th Annual Chronic Illness and Disability Conference: *Transition from Pediatric to Adult-based Care*. The hospital will host this two-day conference focused on health care transition, discussion, networking, as well as idea sharing among participants to gain knowledge and information about how best to plan for a successful transition to adulthood.

This information will be useful to physicians in internal medicine, family practice, pediatrics, and psychiatry; other health care providers including psychologists, social workers, nurses, dietitians, case managers, counselors, and primary care providers and anyone interested in moving transition efforts forward in their organization.

The conference will be streamed live in the Saint Francis Education Center. Registration details will be available later in the summer.



OSU medical students delivered toys collected from their recent toy drive.

Extra Life Day at the Children's Hospital

Extra Life volunteers made May 5 an extra special day for patients and families at The Children's Hospital at Saint Francis. Tulsa Extra Lifers organized a game day in the lobby, complete with video games, board games, free Chick-fil-A and goody bags for kids of all ages. A variety of Star Wars and superheroes came to play games with patients as well as visit those who were unable to come downstairs.



Ask the Neonatologist

You receive a call from your state newborn screening laboratory regarding an abnormal thyroid-stimulating hormone (TSH) level of 250 mIU/L (normal, < 30 mIU/L) for a male neonate drawn on the second day of life. You call the family and see the neonate in your office the same day. He is currently 7 days old and was born at 40 weeks of gestation by spontaneous vaginal delivery after an uncomplicated pregnancy. His parents have no concerns, except that the newborn screen results are abnormal. He is breastfeeding on demand every 2 to 3 hours without difficulty and having soft, yellow, seedy stools after almost every feed. His birth weight was 3.4 kg and today's weight is 3.3 kg. Physical examination is unremarkable. Of the following, the BEST next step is

- obtain confirmatory TSH and free thyroxine, and await the results
- obtain confirmatory TSH and free thyroxine, and start levothyroxine today
- refer to pediatric endocrinology
- repeat the newborn screen and see back in 1 week
- start levothyroxine today and see back in 1 week

Answer :B

The neonate described in the vignette has congenital hypothyroidism with a significantly elevated thyroid-stimulating hormone (TSH) level on newborn screening. Confirmatory venous TSH and free thyroxine should be drawn and, given the filter paper TSH level of greater than 40 mIU/L, levothyroxine should be started immediately, without waiting for the confirmatory test results. Referral to pediatric endocrinology is appropriate, but obtaining the confirmatory venous sample and treatment for the elevated TSH level should not be delayed. Timely treatment of congenital hypothyroidism is essential to prevent cognitive impairment.

SAVE THE DATE

Eleventh Annual

The Children's Hospital at Saint Francis Fall Symposium

Friday, November 2, 2018
Saint Francis Education Center

More information
available soon.

Rooms with a Heart Transforms Braden's Room

One of Warren Clinic's Pediatric Pulmonology patients was the recipient of a room redo courtesy of Rooms with a Heart, Inc. The not-for-profit 501 (c) (3) organization's principal purpose is to develop and construct customized rooms for children with critical illnesses. The organization is supported by local and national businesses, corporations, and individuals. These supporters generally provide a team of volunteers to help with the decorating and completion of each child's room.

The recipient of the organization's first remodel is 14 year-old Braden, who has battled with cystic fibrosis since birth. Braden vacated his bedroom for a few days and slept on the couch while the facelift was taking place. The renovation included an air purifier for Braden's health and a large-screen television for gaming and TV-watching. The "reveal" took place on May 5 with "Star Wars"-clad members of the 501st Legion fan organization showing up for the occasion.

From your average teenager room to this -



What a transformation!

Kids Are Special People (KASP) Day at Saint Francis

Each spring, approximately 550 third grade students from area schools come to Saint Francis



Hospital to celebrate *Kids Are Special People Day*. This year the students came from Boevers, Key, Jarman, Moore, Ochoa, and Darnaby school districts.



Large white tents were erected on the front lawn of the hospital to serve as learning stations, emphasizing good health and wellness concepts through the use of hands-on experiences. This year we had helpers from the Tulsa Fire Depart-



ment, Warren Clinic Pediatric Surgery, Brain Health, pet therapy groups, the Tulsa Sheriff's Department, EMSA, Safe Kids, Tulsa Speech and Hearing Association (THSA), Saint Francis Health Zone, Warren Clinic lab and the Pediatric Emergency Center.

Saint Francis Health System is proud to celebrate the 36th year of providing this educational experience, along with a dose of fun, to the children in the Tulsa area.

S.T.A.B.L.E. Class

The S.T.A.B.L.E. course provides guidelines for neonatal stabilization to maternal/infant healthcare providers. This course provides an excellent review of foundational concepts important to the care of all newborns, well or sick and focuses on the basic concepts of post-resuscitation/pre-transport stabilization of sick infants.

Six assessment & care modules compose the course: **S**ugar, **T**emperature, **A**irway, **B**lood pressure, **L**ab work and **E**motional support. It is a great educational opportunity for all healthcare professionals involved with newborn care.

Discounts are available for hospitals sending three or more students and for those who already have the manual. This program has been approved by the American Association of Critical Care Nurses (AACN) for 8.00 contact hours, Synergy CERP Category A, File number 00019527.

The class is offered multiple times per year and usually takes place at a Saint Francis South location.

- **Next class:** July 24
- **Cost:** \$130 per person (includes the manual). Individual registration available also.
- **Contact:** Teresa Adams (NICU) 918-502-6587

Children's Hospital Nurses' Week Winner

The children's hospital selection for the 2018 Nurse Excellence Award for Nurses Week is Chastity Jenkins, RN. As an infusion nurse in the Children's Day Hospital and the St. Jude Affiliate Clinic at The Children's Hospital at Saint Francis, Chastity gladly incorporates the philosophy of patient/family-centered care in all that she does.



Chastity Jenkins, RN

With the opening of the St. Jude Clinic, she was instrumental in transitioning all chemotherapy infusions from the Children's Day Hospital to the clinic. Her willingness to float between the two departments daily without hesitation while maintaining a cheerful and positive attitude continues to help the two clinics run efficiently and improve the patient experience.

Chastity's wealth of experience and knowledge is greatly appreciated by the staff, patients and families and she is an extraordinary nurse.



Flashes of Hope Portraits

In 2015, The Children's Hospital at Saint Francis teamed up with Flashes of Hope, a national non-profit organization that creates free uplifting portraits of children who are fighting chronic illness. In addition, the organization raises money for pediatric cancer research. The photographs, taken by professional photographers, help children feel better about their changing appearance by celebrating it! Families receive a free portrait gift package that includes a portfolio, portraits, proofs and a CD of all the images.

Photo shoots are held at the children's hospital on a monthly basis. Professional stylists and makeup artists are on hand to make sure everyone is "camera ready." Children are photographed individually and with their biggest supporters—siblings, parents and even a favorite staff member. Since starting this program in July 2015, we have photographed over 174 patients and their families.



Bernardo "JuJu" and his family

If you would like to refer a patient who is under 18 years old and has a chronic condition, please contact Elizabeth DeMarco at 918-502-6333 or childlifedpt@saintfrancis.com.