

We provide support and guidance to families struggling with their son or daughter's substance use.



## Toll-Free Helpline: 1-855-DRUGFREE

Our national, toll-free helpline is staffed by trained and caring, bilingual, master's-level support specialists.

They help parents and families of a loved one who is struggling with drugs or alcohol take effective action and plan out a path to recovery.

## Get Help at DRUGFREE.ORG

Our resources include an evidence-based approach to help parents and caregivers change the family dynamic and the way they interact with and support a loved one with addiction.

### Families can:

- hear from other parents
- get one-on-one help
- learn strategies and tools that empower them to more effectively navigate their loved one's addiction and the impact it has on the family.



**Partnership™**  
for Drug-Free Kids

Where families find answers

We are **committed to helping families** struggling with their son or daughter's substance use.

We **empower families** with information, support and guidance to get the help their loved one needs and deserves.

And we **advocate** for greater understanding and more effective programs to treat the disease of addiction.



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**drugfree.org**