Forma de registro de la alimentación

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nombre |  | | |  | | | | |
| Fecha: | domingo | lunes | martes | | miércoles | jueves | viernes | sábado |
| Comida 1 |  |  |  | |  |  |  |  |
| Comida 2 |  |  |  | |  |  |  |  |
| Comida 3 |  |  |  | |  |  |  |  |
| Otras necesidades dietéticas |  |  |  | |  |  |  |  |
| Aperitivos |  |  |  | |  |  |  |  |
| Reaciones gusta/disgusta |  |  |  | |  |  |  |  |
| Anotaciones |  |  |  | |  |  |  |  |