My Accommodations

Accommodations are changes to your work or educational environment that allow you to perform at your best. Think about what helps you the most to be successful in work and school (e.g., what helps you see, hear, work, understand, learn, concentrate, communicate, and move around).

Accommodation	Needed at Work	Needed at School	Why do I need this?
Ex.: large print (at least 36 font)	*Yes*	*Yes*	*Visual impairment*
Ex.: lap weight	*No*	*Yes*	*Sensory input*