RAISING KIDS & YOUNG ADULTS WITH SPECIAL NEEDS CONFERENCE 2019

SATURDAY, MARCH 30, 2019

Moore Norman Technology Center, South Campus
Oklahoma City, OK

A JOINING FORCES CONFERENCE FOR OKLAHOMA PARENTS & CAREGIVERS
STORIES OF HOPE PANEL
Ryan McLaughlin, Hope Link, Oklahoma City
Kodey Toney, Pervasive Parenting Center, Poteau
Angela Hornsby, Oklahoma City
Ellen Duffy, Pre-K Teacher, Jenks

The goal of this panel is to be a motivational boost for anyone struggling with crisis, grief, trauma, and/or stress—or for those who help others to overcome these problems. It emphasizes the human capacity to overcome and transcend adversity. Think of it as sometimes grieving a lost dream when something unforeseen suddenly happens that changes the trajectory of our lives.

EXHIBIT BREAK & COFFEE

GETTING INVOLVED AS A PARENT LEADER: HOW CAN I DO MORE?
Wanda Felty, Center for Learning and Leadership
Angela Donley, Oklahoma Family Network

Take your advocacy to the next level! We will touch on how to sit on boards and committees, where to apply for different agencies to represent the family voice, and other ways to advance your advocacy work.

STRATEGIES FOR MANAGING CHALLENGING BEHAVIORS AT HOME AND SCHOOL
Tara Warwick, MS, OTR/L, Today’s Therapy Solutions

Decreasing frustration in your child and being able to identify triggers before meltdowns happen can be key in understanding and overcoming challenging behaviors. This session will cover ways to identify triggers, problem behaviors and strategies to help at both school and home.

THE 1 PAGE PROFILE
Jen Randle, Oklahoma Developmental Disabilities Council

A student’s reputation is made simply by how one speaks about the person. This should be done through truly knowing an individual: what is important to them, important for them, and how do they want to be supported? This workshop will present an overview of Person-Centered Thinking tools that focus on: The importance of being listened to, how to discover what is important to people, how to balance what is important for people with what is important to them, and how to put information into a practical, one page format.

WHAT YOU NEED TO KNOW ABOUT SSI, GUARDIANSHIP, AND POWER OF ATTORNEY
RoseAnn Duplan, Policy & Planning Specialist, Oklahoma Disability Law Center

Learn the basics of SSI and the difference between Guardianship over your child and obtaining Power of Attorney, and the rights they retain with both.

SPANISH SPEAKING FAMILIES: CUIDARSE A SÍ MISMO PARA PODER CUIDAR A SU FAMILIA
Isela Perez, MS, OK Department of Mental Health and Substance Abuse Services

BE SURE TO VISIT THE EXHIBITOR TABLES IN THE LOBBY!
LUNCH
11:55 am - 12:30 pm

BOXED LUNCH PICK-UP
ROTUNDA
Grab your lunch (please, only one sandwich box and soup per person) in the rotunda and spend some time checking out our vendor and resource tables. Feel free to eat your lunch during the next session.

BREAKOUTS
12:30 pm - 1:40 pm

TEFRA
ROOM A
Rosalyn Karl, Social Service Specialist II, Oklahoma Department of Human Services
Lori Kann, Oklahoma Health Care Authority
Bryan Pittenridge, Oklahoma Health Care Authority

Learn what the TEFRA program is, what it can cover, and how to apply so your child can have Medicaid coverage. TEFRA (Tax Equity and Fiscal Responsibility Act of 1982) gives states the option to make Medicaid (SoonerCare in Oklahoma) benefits available to children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because of their parent’s income or resources. This option allows children who are eligible for institutional services to be cared for in their homes.

BASIC RIGHTS IN SPECIAL EDUCATION
ROOM C
Ellen Kimbrell, Associate Director, Oklahoma Parents Center

Describes the State and Federal laws that affect special education in Oklahoma and offers an overview of parents, rights, and responsibilities. This workshop focuses on how to access special education and related services for children with disabilities.

BEST KEPT SECRET - DRS TRANSITION SERVICES
ROOM D
Renee Samson, Oklahoma Department of Rehabilitation Services

This session will give you insight to DRS Transition Services. How can DRS serve you? What can DRS do for you? When can my child, or a consumer, start receiving services? Why should my child or consumer receive services? Where can I get more information? Come join the fun and learn about the best kept secret in Oklahoma. Let’s turn that secret into the best public knowledge in the state!

GRADUATING FROM PEDIATRIC CARE
ROOM B
Joni Bruce, Executive Director, Oklahoma Family Network
Theresa Sharp, CBHN Coordinator, Oklahoma Family Network
Ellen Duffy, Pre-K Teacher, Jenks Schools

Moving your child from your well-loved pediatrician and pediatric specialists can cause anxiety. Prepare early! Receive tips to prepare yourself and your child for adult health care systems and gain tips on identifying a provider that will work well for your child and your family.

SPANISH SPEAKING FAMILIES: TALLERES PARA LOS HERMANOS
ROOM E
Robyn Boswell, Sooner SUCCESS
Ivonne Lira, Latino Family Support Partner, Oklahoma Family Network

BREAK & DOOR PRIZES
1:40 pm - 1:50 pm

Door prizes to be given away in exhibitor area
**BREAKOUTS**

**1:50 pm - 3:00 pm**

**CDC SEIZURE TRAINING & FIRST AID**

**Room A**

Jenniafer Walters, Executive Director, Epilepsy Foundation of Oklahoma

The Epilepsy Foundation of Oklahoma will be educating on epilepsy and provide first aid training on epilepsy. A seizure packet will be available for participants. The training consists of the following: • Different type of seizures and their descriptions • Side effects of seizure medication • What it is and how it is diagnosed • How to handle a seizure and when to call 911 • Understanding behavioral, learning and disorder associated with epilepsy • Seizure Action Plan & Observation Sheet • Additional information on how seizures effects children/teens • Seizure Devices, Seizure Emergency Medication

**THE ELEPHANT IN THE ROOM: TALKING TO YOUR KIDS ABOUT ADDICTION, BULLYING, AND SUICIDE PREVENTION**

**Room C**

Clifford Sipes, Oklahoma Department of Mental Health and Substance Abuse Services

Participants will learn the importance and how to talk to youth and young adults about sex, mental illness, suicide prevention, and grief. The purpose of this presentation will be to help participants develop the appropriate skills, techniques, and mind set to help youth and young adults overcome their challenges and struggles and enter successful adulthood.

**ABA BEHAVIOR THERAPY AND INSURANCE COVERAGE**

**Room B**

Brian Wilkerson, Director of Litigation and Legal Services, Oklahoma Law Center
Joy Turner, Managing Attorney, Oklahoma Disability Law Center

ABA is a hot topic right now. This session will cover the current autism insurance reform, progress made, how to get involved and plans to expand age caps and limits in the current legislative session. We will also touch on the possible future of ABA coverage under Medicaid (Soonercare) here in Oklahoma and what that might look like and how you can advocate for coverage.

**POST SECONDARY PROGRAMS FOR STUDENTS WITH INTELLECTUAL OR DEVELOPMENTAL DISABILITIES**

**Room D**

Julie Lackey, LeadLearnLive

What happens when students with intellectual or developmental disabilities are able to fulfill their dream of attending college? Currently there are over 260 post-secondary programs for students with intellectual or developmental disabilities in our nation. LeadLearnLive has entered into an agreement with Northeastern State University to begin the first comprehensive, fully integrated four-year college program in Oklahoma for these students. What components does a comprehensive college program have? How do the components integrate with existing university processes? How can you help prepare your child or student to make a college choice? Most importantly, what difference do these programs make to students with intellectual or developmental disabilities that complete them?

**SPANISH SPEAKING FAMILIES: AMOR, FE Y ESPERANZA**

**Room E**

Reverend Mary Ann Coffman, St. David’s Church

**CLOSING SESSION**

**3:10 pm - 4:00 pm**

**IF WE DON’T TAKE CARE OF OURSELVES, WE CAN’T TAKE CARE OF OUR KIDS**

Brandt Radcliff, LPC, The Halo Project

Self-care is important for any parent or caregiver, but when you care for a child with special needs, it seems more difficult to find the time and resources to make it happen. Learn some practical suggestions and leave encouraged for the journey ahead.

**GRAND DOOR PRIZE TO BE GIVEN DURING CLOSING SESSION. MUST BE PRESENT TO WIN!**
Welcome!
Welcome to the Raising Kids & Young Adults with Special Needs Conference hosted by the Oklahoma Family Network! We’re glad you are here. If you need anything today, please find an OFN staff member or ask someone at the registration desk to assist you.

"Green" Conference: Through OFN’s continued efforts to be environmentally conscious, attendees will receive any available conference speaker presentations and handouts via email upon request or on the OFN website following the conference. In addition, Moore Norman Technology Center offers limited free wi-fi.

Conference Partners
"If you want to go fast, go alone. If you want to go far, go together!” – African Proverb
This conference is coordinated by the Oklahoma Family Network, Oklahoma’s Family-to-Family Health Information Center and a partner in the Children’s Behavioral Health Network, in partnership with: Center for Learning and Leadership (Oklahoma UCEDD), Developmental Disabilities Council of Oklahoma, Developmental Disabilities Council of Oklahoma, Down Syndrome Association of Central Oklahoma, Epilepsy Foundation of Oklahoma, Heartland Regional Genetics Network, LeadLearnLive, Oklahoma Department of Human Services Developmental Disabilities Services and Children With Special Healthcare Needs, Oklahoma Department of Mental Health & Substance Abuse Services, Oklahoma Department of Rehabilitation Services, Oklahoma Disability Law Center, Oklahoma Health Care Authority, Oklahoma Parents Center, Oklahoma State Department of Health, Oklahoma LEND (Leadership Education in Neurodevelopmental and Related Disabilities), Sooner SUCCESS, and Oklahoma State Department of Education.

Many Thanks to our Financial Partners!

Oklahoma Department of Mental Health and Substance Abuse Services
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