Community Resources for Families

The Children’s Hospital at Saint Francis
Pediatric Emergency Center  494-6400
Children’s Day Hospital       502-6600
Behavioral Health/Counseling
*ADHD Support Group 857-2095
*Associated Centers for Therapy 492-2554
www.actcares.org
*COPES 744-4800
*Daybreak Family Services 561-6000
www.daybreakfamilyservices.com
*Family and Children's Services 587-9471
www.fsoc.org
*Laureate 481-4000
www.laureate.com
*Parent Child Center 599-7999
www.parentchildcenter.org
*Postpartum Depression Support Group 865-7824
*PREP (Prevention and Relationship Enhancement Program) 560-1112
*Shadow Mountain 492-8200
www.shadowmountainbhs.com
*Teen Crisis Line 582-0061
*Tulsa Center for Behavioral Health 293-2100
*Youth Services of Tulsa 582-0061
www.yst.org

Bereavement
*Bereavement Support Group at St. John Medical Center 744-7901
*Compassionate Friends 481-2181
*Grief Share Course 688-6430
*MEND 694-4325
www.mend.org
*Tristesse Healing Hearts 587-1200

Dental Clinics
*Broken Arrow Dental Services 259-0239
www.dentalservice.net
*Catoosa Dental Services 266-2906
*Health Department Community Dentistry 594-4860
*Lucille Page Dental Clinic 591-6100
*Morton Health Clinic 587-2171
www.mortonhealth.org

*Neighbor for Neighbor 425-5595
www.neighborforneighbor.org

DHS Locations
*Down Town 581-2401
*East 294-2000
*North 403-2300
*Sapulpa 746-3300
*South 280-3100

Domestic Violence/Abuse
*Child Abuse Hotline 800-522-3511
*Domestic Violence Intervention Services 585-3143
www.dvis.org
*Family Safety Center 742-7480
*Safe Kids 494-7233
www.safe kiddstulsa.com

Eye Care
*Neighbor for Neighbor 425-5595
www.neighborforneighbor.org
*Lions Club 742-5555
www.tulsadotlionwarp.org
*Sight for Students 888-290-4964

Food/Shelter Clothing
*Angel Food 877-366-3646
www.angelfoodministries.com
*Broken Arrow Neighborhoods 251-7781
www.baneighbors.com
*Catholic Charities 585-8167
www.catholiccharities tulsa.org
*Dayspring Villa 245-4075
www.dayspringvillacom
*Dream Center 430-9984
www.tulsadreamcenter.org
*Emergency Infant Services 582-2469
www.emergencyinfantservices.org
*Helping Hands 584-6923

*John 3:16 Family and Youth Center 587-1186
www.john316mission.org
*Neighbor for Neighbor 582-3491
www.neighborforneighbor.org
*Neighbors Along the Line 582-5766
www.neighborsalongtheline.org
*Restore Hope 245-5183
www.restorehope.org
*Sand Springs Community Services 585-5310
www.sscommunityservices.org
*Tulsa Baptist Ministry Center

Hispanic
*Hispanic Helping Center 949-4673
*Juntos Parent Group for Children with Disabilities 582-8272

Housing
*Charles Page Family Village 245-7924
*Circle of Housing 256-1489
*Glory House 584-1808
www.gloryhousetulsa.org
*Resonance 587-3888
www.resonanctulsa.org
*Tulsa Urban League 836-4357
www.mtul.org

Indian
*Healthcare Resource Center 588-1900
www.ihcrc.org
*Sapulpa Indian Health Center 224-9310

Medical Clinics
*Arms Around BA 258-7714
www.armsaroundba.org
*Broken Arrow Neighborhoods 251-7781
www.baneighbors.com
*Community Health Connection 622-0641
www.good samaritan mobile health servs.
*Good Samaritan Mobile Health Services 493-7884
www.goodsamaritanhealth.org
*Morton Health Center
www.mortonhealth.com
*Neighbor for Neighbor
www.neighborforneighbor.org
*Neighbors Along the Line
www.neighborsalongtheline.org
*OU Pediatric Clinic
www.tulsa.ou.edu
*OSU Health Center
www.healthsciences.okstate.edu
*Tulsa County Social Services
www.tulsa county.org
*Xavier Medical Clinic
www.catholiccharities tulsa.org

Poison Control Center 800-222-1222
www.oklahomapoisone.org

Prescription Assistance
*Genscripts 828-9696
www.genscripts.com
*Helping Hands 584-6923
*Neighbors Along the Line 582-3491
*Neighbor for Neighbor 425-5578
www.neighborforneighbor.org
*Tulsa Baptist Ministry Center 585-5310
*Tulsa County Pharmacy 596-5560
*Western Neighbors 445-8840

SoonerCare 800-987-7767
www.okhca.org

SoonerStart 835-8691

Specialty Groups
*American Cancer Society 743-6767
www.cancer.org
*Autism Center of Tulsa 502-4823
www.autismtulsa.org

*Cerebral Palsy of Oklahoma Support Group 794-4655
www.ucpok.org
*CHERUBS—Congenital Diaphragmatic Hernia 610-0772
www.cdhsupport.org
*Cystic Fibrosis Solutions www.cf-solutions.org
*Down Syndrome Association of Tulsa www.dsat.org
*Grand Lake Autism Support Group 964-0477
*Mended Little Hearts—Heart Defects/Disease 906-2026
www.mendedlittleheartstulsa.org
*Moms and Dads of Children with Disabilities 610-0772
*Mothers of Multiples www.tulsa moms.org
*Muscular Dystrophy Association 749-7997
www.mdauusa.org
*Muskogee Autism Support Group 441-3707
*OASIS Information/Referral 800-426-2747
Services for Children with Special Needs
*Oklahoma Family Network 877-871-5072
www.oklahomafamilynetwork.org
*Tulsa TARC for Disabilities 610-0772

Transportation
*Sooner Ride 877-404-4500
*Tulsa Lift 585-1195
*Tulsa Transit 582-2100
www.tulsatransit.org

WIC Offices
*Bixby 366-8485
*Broken Arrow 258-7238
*Central 594-4820
*East 594-4559
*East Central 669-8200
*North 591-6030
*South 746-3804
*West 591-6125
*Indian Health Resource WIC 382-1290