

OKLAHOMA PARENTS CENTER, INC

Statewide Parent Training & Information



Advocating For Children With
Disabilities To Build A Better Future

The OKLAHOMA PARENTS CENTER provides training to all families of children and youth in Oklahoma and the providers who service and support them.

In order to effectively advocate for children, detailed information is needed on the laws, communication, team building skills, etc.

Ongoing training opportunities for all parents and professionals can assist in this process. The Parents Center offers the following workshops to groups and organizations upon request.

- **Basic Rights** – describes the State and Federal laws that affect special education in Oklahoma and offers an overview of parents' rights and responsibilities. This workshop focuses on how to access special education and related services for children with disabilities.
- **Individualized Education Program (IEP)** – designed to provide participants with basic information on the IEP process and product and to help promote the meaningful participation of all IEP team members. The workshop covers the process from referral to writing the IEP to the annual review.
- **Section 504 of the Rehabilitation Act of 1973** – Section 504 has been called the "Civil Rights Act" for people with disabilities because it prohibits discrimination against them, thereby protecting their civil rights. Participants are provided with information on what the law means and how it affects children with disabilities. This workshop holds special importance for those interested in helping students who do not qualify for special education services under the Individuals with Disabilities Education Act (IDEA).
- **Transition from Early Intervention to School** – provides participants with information on the scope of supports and services necessary to design and implement an efficient and effective transition to school.
- **Transition from School to Adult Life** – provides participants with information to help plan for the transition of students with disabilities to adult life. The workshop explores the rationale for transition planning, regulatory issues who's involved in the planning process and developing the IEP/Transition Plan.
- **Communication Skills** – provides participants with tools for interacting more comfortably and effectively with each other. The workshop focuses on using positive language, active listening techniques, and strategies for communicating clearly and respectfully.
- **Positive Behavior Planning** – introduces families to a new way of thinking about their child's behaviors and about the need to advocate for behavioral instruction. This workshop introduces and provides an overview of the concepts of functional behavior assessment and positive interventions. It is **not** designed to teach how-to skills in these areas.
- **Bullying Prevention & Solutions** – Learn how to prevent the most common form of violence for school age children. Bullying 101 is a case for identifying and eliminating bullying in Schools. Bullying 102 is an action plan for schools, students and parents to end bullying. Learn intervention strategies to reduce bullying problems.

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